



Mt. Shasta Cross Country Ski Weekend **January 10 - 11, 2015** **Coordinators: Edgar & Karen Hee**

The annual Mt. Shasta Cross Country Ski weekend is a one tank of gas opportunity to ski groomed trails and socialize with like-minded companions at the nearby town of Mt. Shasta.

Skiing at groomed trail venues such as Shasta Nordic allow cross country skiers of all abilities to share the trails and work on their cross country ski skills. Participants may participate in Saturday's beginner/novice lessons, intermediate level ski clinic and introduction to skating at Shasta Nordic; free-ski the Shasta Nordic trails; snowshoe designated trails; or self-organize a group to try wild snow from the Bunny Flat snow park area (Everett Memorial Highway north of Mt. Shasta town).

Participants are responsible for their own overnight accommodations (see listing of available places to stay). One (Saturday only), two and three day participants are all welcome.

Ski Venue: Mt. Shasta Nordic

<http://www.mtshastanordic.org>

South on I-5 to Mt. Shasta. Take **Exit 736** (south end of Mt. Shasta) onto **Hwy 89** towards McCloud. East on Hwy 89 drive 7 miles east, on summit **turn left into Ski Park Hwy** and drive about 3.5 miles to the Nordic Center (on left). If you reach the downhill ski area you drove too far. About a 100 miles (2 hour) drive from Medford (Suggested car pool donation: \$15 per person). Shasta Nordic trail fees: \$15 adult/\$8 Juniors & Seniors (11-17,65-69)/over 70, under 11 free per day.

Blue ski day note. When ski conditions are great, the Ski Park Highway will be closed to uphill traffic when the downhill area's parking lot is full (even if the Nordic Center lot has room). **On blue sky days, you should try to get to Shasta Nordic before 10 AM.**

Organized activities (*Tentative*):

Shasta Nordic Center – Friday or Saturday morning

Travel to Mt. Shasta (Optional Friday: unorganized warm up skiing)

Shasta Nordic Center - Saturday 10:30 AM to 12:30

Beginner-Novice Lesson

Intermediate classic ski clinic

Shasta Nordic Center - Saturday 1:00 PM to 3:00 PM

Introduction to skate skiing

Location Mt. Shasta Inn & Suites (Tentative) – Saturday 4:30 PM

Pre-dinner social gathering (Karen Hee)

No-host Night on the Town Dinner Gathering (Location TBD) – 6:30 PM

(RSVP to Karen Hee for reservation)

Shasta Nordic Center – Sunday

Unorganized group skiing & practicing new skills learned.

Rental Gear:

Rental skis (classic and skate) available at the Mt. Shasta Nordic Ski Area. See the Mt. Shasta Nordic webpage:

<http://mtshastanordic.org/lessons-and-rentals/> for information on rental equipment.

Questions:

Contact Edgar or Karen. Note – We will be driving down Friday morning 07 January

T: 541-734-4872

E-mail: ejhee@juno.com or khee@juno.com

Mt. Shasta Accommodations – Motels & Hotels

Listed north to south. Edgar & Karen will (**tentatively**) be staying at the **Mt. Shasta Inn & Suite**, but do not have recommendations regarding lodging. See Shasta Chamber of Commerce website for price ranges or call the property:

<http://mtshastachamber.com/visitor/accommodations/motels.php>

Cold Creek Inn

724 North Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-9851

Best Western Tree House Motor Inn

111 Morgan Way (I-5 & W. Lake Street) Mt. Shasta, CA 96067

530-926-3101 or 1-800-545-7164

Travel Inn

504 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-4617

Mt. Shasta Inn & Suites

710 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

AAA and Senior Rates.

530-918-9292

Alpine Lodge

908 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-3145

Lily's Restaurant

1013 S. Mt. Shasta Blvd

Mountain Air Lodge

1142 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-3411

Strawberry Valley Inn

1142 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-2052

Evergreen Lodge

1312 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-2143

A-1 Choice Inn

1340 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-4811

Finlandia Motel

1612 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-5596

Swiss Holiday Lodge

2400 S. Mt. Shasta Blvd., Mt. Shasta, CA 96067

530-926-3446